

HOW TO SURVIVE
AN ECONOMIC
COLLAPSE

Copyright © 2013 BackyardLiberty.com .

All rights reserved worldwide.

All trademarks and service marks are property of their respective owners. The information, stories and articles contained in this ebook are the opinion of the individual authors based on their personal observations and years of experience. Neither the author nor publisher assume any liability whatsoever for the use of or inability to use any or all information contained in this publication. Use this information at your own risk.

Although the author and publisher have made every effort to ensure that the information in this book was correct at press time, the author and publisher do not assume and hereby disclaim any liability to any party for any loss, damage, or disruption caused by errors or omissions, whether such errors or omissions result from negligence, accident, or any other cause.

No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed "Attention: Permissions Coordinator," at the email address support@backyardliberty.com .

Survival Lessons From The Argentina Economic Collapse

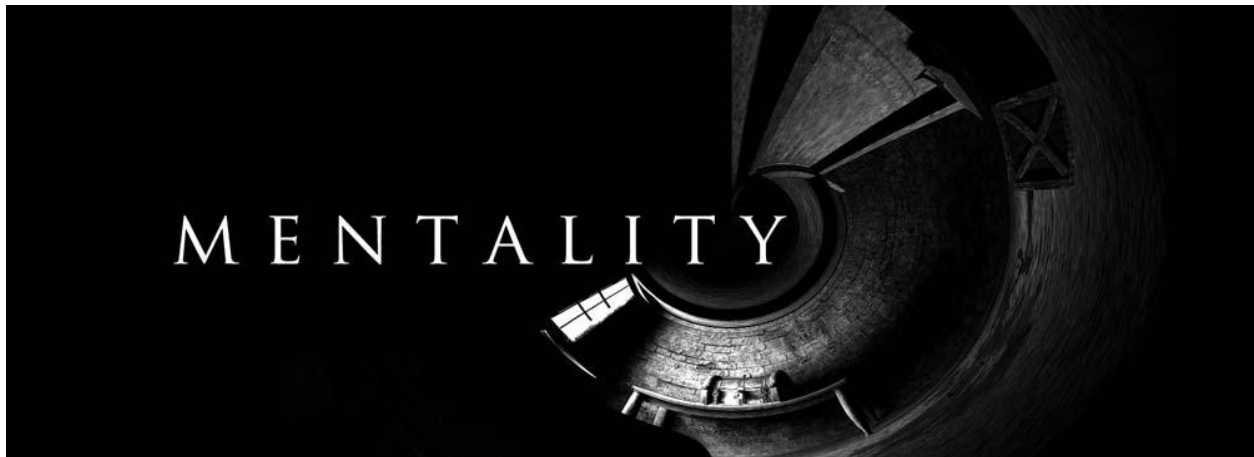
The collapse of the Argentina economy was awful to say the least. The poverty level rose to an astounding 57.5 percent. The entire middle class ceased to exist. To put it simple, the entire nation was in chaos and times were beyond difficult. Families were left poor, desperate and were stuck between a rock and a hard place. The reasoning behind the collapse of their financial system has been debated for years, but what's more important to take from this tragic event is the strength and skill needed to survive under such awful circumstances. A majority of Argentina's resources were gone which meant that many of the things that were needed for basic survival were gone. This led to a large number of deaths due to sickness, malnutrition, and even murders as people grew desperate. There is much that can be gained and learned from the collapse. You will need to know how to survive and what to do when you and everyone around you loses everything they have worked for.



The Mentality

First and foremost, when put in a position that many faced during the economic collapse you have to be mentally prepared for the things you will experience. If you're not mentally prepared, you will fall victim to the same perils as those who died in Argentina. This isn't to say that everyone who died during that time was mentally unprepared, but being ready mentally is a huge part of survival.

One of the first things that you have to realize is that everyone around you is as desperate and scared as you are. When people are rioting and there is all around chaos, people can change. Even your closest friends can potentially turn on you and will do things you never knew they were capable. You have to be prepared to not only deal with this, but to react accordingly. The reality that many faced in Argentina back in the early 2000's was that they were alone in a sense. The rioting that was occurring created a line between the police and the citizens so there wasn't much trust. Everyone will be focused on one thing; survival. If your mind is on anything else besides surviving, you will be at the bottom of the food chain.



This mentality that you need goes beyond physical altercations that you can possibly find yourself in. As you will learn later, famine and health issues were a huge problem as hospitals were closed and there was a major shortage of food. If your child fell sick with symptoms that you have no idea about, would you know what to do? You may not have access to a doctor. What will you tell your child? What if you get caught in crossfire? These are things that you must be mentally prepared to handle because when they happen you must know exactly what you're going to do. The old saying "only the strong survive" refers to those with a thirst to live and a desire to keep fighting even when all the odds are stacked against them.

You have to want to survive more than everyone else when all is said and done. How far are you willing to go in order to survive? Can you go days without eating anything? Can you survive on scraps for an undefined period of time?

One aspect of survival that some people don't like to talk about is the mental strain you have to endure. Can you imagine constantly being in fear of your life? This is the harsh reality that many were forced to deal with in Argentina. In times of extreme desperation, people are willing to kill to get what they need. Are you ready and willing to defend yourself against such threats? Unfortunately you may not have the opportunity to think twice about it so you not only have to react, but you have to mentally deal with the consequences.

Be Vigilant!

As we've already established, people get desperate in difficult financial times. One of the biggest issues that you will encounter is theft. People will become sneaky and be eager to get their hands on anything you have that they need. Anything that may be potentially valuable to someone such as food, money, or basic resources has the potential to be stolen from you. This is not about living in fear your entire life, it's about being aware of your surroundings and being alert. You have to be able to sense possible threats and always be on the lookout for people out to take what you have.



One great thing that you can do to help protect yourself is keep a dog with you if you have one. Dogs are a great defense against potential home intruders. Most of the time, people will not try to break into your house during the day time when everyone is awake and on notice. More than likely burglars will try to get into your home at night. Unless you plan on staying up all night or are a light sleeper, you run the risk of waking up to an empty house with whatever food you have gone. This is where a dog can come in handy. Dogs are vigilant and conscious of their surroundings by nature. Any dog owner will tell you that their dog is up and pawing at the house door when someone even begins to walk up to the home. This is obviously an extreme advantage during a crisis situation. Since people will be trying to get into your home while you're asleep, having a dog that can sense this and alert you by barking will allow you to at least get some rest.

During the Argentina economic collapse, people got into the habit of constantly having to physically force intruders out of their home. This could become an issue with you too at some point. In order to prevent this, being vigilant and aware of what's going on can help you keep intruders out of your home so that you don't have to worry about forcing them out. Believe it or not, most intruders will bail at the first sign of some sort of defense system for your home. Whether it is a dog, or just the sound of you waking up, intruders will typically run when they feel that they are "caught in the act" so to speak. They may be desperate to get what you have but they don't want to go to prison. One mistake that many people made in Argentina was resorting to vigilante justice and self-help instead of getting authorities involved. This resorted in many deaths and killings as people were a little over-cautious in some regards. No matter how bad the economic situation gets, most people still would prefer not to go to jail. This is something that was even true in Argentina. While there were definitely some areas where criminals would openly carry loaded weapons illegally, most parts did their best to avoid drawing unnecessary attention from the authorities and this is something that you should keep in mind as well.

Being Armed

While we might not want to think about it, there is always the potential that you will have to use deadly force in order to defend yourself and your family. This means that having weapons such as knives and guns become a necessity if you plan on surviving. Obviously the ideal thing to do is to obtain your gun permit and get a gun in accordance to the laws where you live. This will help you avoid legal problems and landing in jail. During the situation in Argentina, many people resorted to buying guns on the black market in order to get them as quickly as possible and also because some of them may not legally be allowed to buy guns.



It's extremely important that you know the gun laws wherever you need in order to avoid potential problems. While some police have an understanding of your situation if you're carrying a gun for self-defense purposes, you can't bank on that. So it's best to do everything legally.

The next thing will be deciding what type of gun will work best. The novice survivalist may have the false belief that the bigger the gun the better. But that's a misconception that can lead you down the wrong path. Thinking that having a huge sniper rifle will benefit you in a situation like what happened in Argentina will put you at a serious disadvantage. For one, you're going to have a near impossible time trying to source an assault rifle and an even more difficult time trying to buy ammo as it will be extremely expensive. When trying to think of what type of gun to buy, you have to think logically. The simple rule of supply and demand applies here. The larger military grade weapons aren't going to be easy to come by and you won't be able to obtain them legally anyways. Although you might be in survival mode per se, you're not in a war and don't need a huge arsenal of weapons.



The more logical route to go is going with smaller guns and handguns that will be easy to source ammo for and won't cost as much. You'll be lucky if you can find a few 12 gauge shotguns or Mossberg 500's. But trying to find a handgun is much easier. You shouldn't have a problem finding a Beretta, S&W, Colt, Glock, or a Taurus in gun shops. You don't need to stockpile these handguns either. You should do fine with a couple of Mausers and a few handguns. What you should try to stockpile however is ammo. Make sure you have plenty of 22 ammo ready. Also, don't make the mistake of getting a bunch of different guns. Get similar guns that use the same ammo. This way you don't have to buy a bunch of different types of ammo in case one of your guns breaks. If you come across any spare parts, they can definitely come in handy. One skill that will be beneficial is gun repair. If you don't have access to a gunsmith, you will have to either know how to perform at least basic repair or have a backup ready.

Another advantage of going with a handgun over something like a sniper is because you typically won't be a thousand feet away from the person you're using the weapon on. You should only need the weapon for self-defense. For self-defense, smaller sized guns will obviously be more sensible and useful. And since we're on the topic of guns, it's also important to note that a bullet proof vest should be on your list of items to get when you're in a position like the riots that took place in Argentina. You want to have one that is somewhat discreet in that it can be worn underneath your clothes. You are not a federal agent so walking around with a visible bullet proof vest might look a little silly.

Self Defense

You will need more than guns in order to defend yourself. Learning some basic self-defense tactics will help you out a lot. Some things that you will want to learn about are disarming opponents, grappling techniques, and of course hand to hand combat.



For older people (50+) who may be able to be overpowered, it's important that you know how to defend yourself. Spots like the groin area, throat, or eyes are things that you should aim for when being attacked. Although they may be able to overpower you, attacking these spots will throw them off balance and disable them long enough for you to escape. When confronted, your main goal should be to make it out alive. Some people have the misconception that you have to kill your opponent, but simply escaping is a triumph and should be your main concern.

Another thing to keep in mind is to be aware of the situation and be able to gauge things. If you are unarmed and your attacker has a gun, you are at a huge disadvantage. You may be forced to give them what they want in hopes that they will leave. If you have sufficient enough self-defense skills, you may be able disarm them. However, this should be done in extreme caution because with a deadly weapon such as a gun, you never know what can happen. Remember, the key is to make it out alive.

The Art Of Bartering

One of the worst things about the economic collapse in Argentina was that nobody could really afford to buy anything. This meant that most people resorted to bartering items to get what they need. If you plan on surviving, you need to know how to barter and come out in the better position. This requires some skill and basic knowledge.



You have to know what people need. Things like food and water are obvious. But in desperate situations, certain things become commodities that people are willing to trade almost anything for. For example, something like toilet paper can become a hot commodity when the economy collapses. Do you remember the Y2K scare in 1999 as we approached the year 2000? People loaded up on toilet paper like there was no tomorrow. These commodities can help you get an upper hand when bartering.

When it comes to making an actual trade, you have to realize that the person you're dealing with is desperate. You cannot show any signs of desperation. You have to appear as if you are in control and as if you are doing them a favor by trading with them. This is a part of the mentality that we discussed earlier. You will have to become somewhat of a salesperson when you're bartering. You have to convey to the person how much they can benefit from what you're offering. Search for people who desperately need something that you have and have something that you want or need. When people get desperate, they are much easier to barter with. A thirsty person by a lake probably wouldn't even trade you a pebble for a bottle of water. But a person in a hot dry desert will give you almost anything for even a drop of water. Bartering is all about positioning and taking advantage of the situation. You have to keep the

mentality that you have something that they need and that you're doing them a favor by trading. This will help ensure you come out on the winning end of your barter.

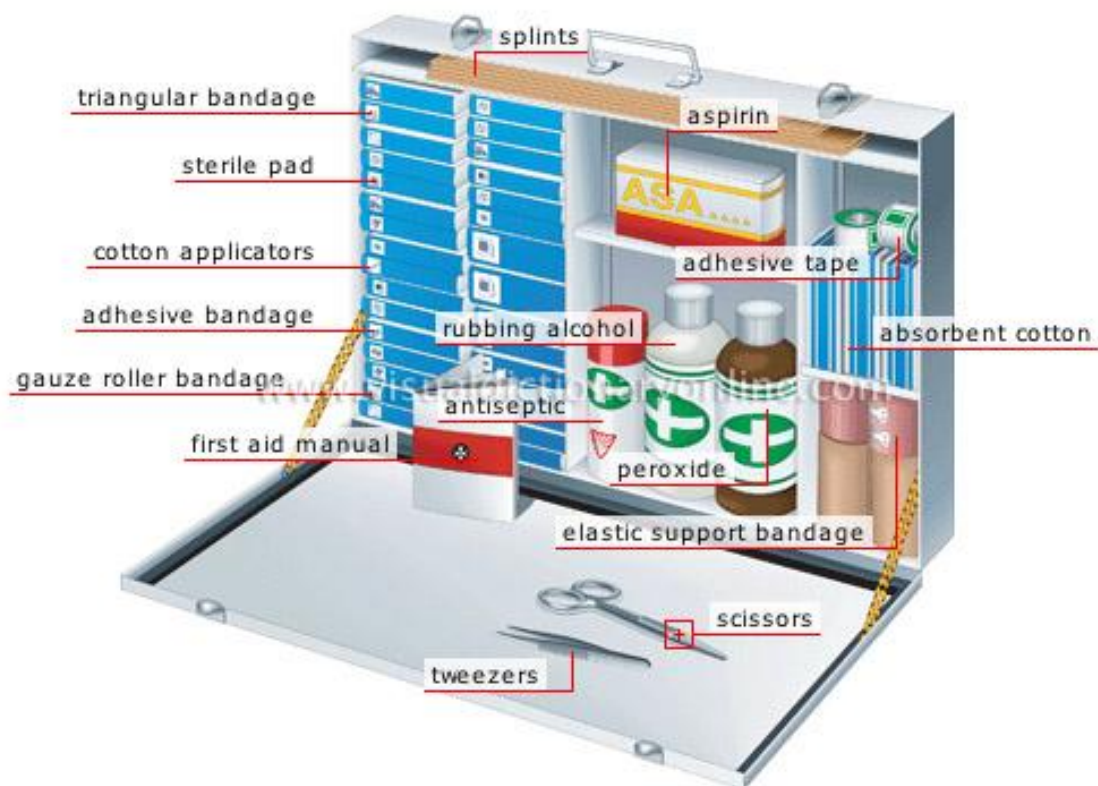
Your Health

Sickness and famine contributed largely to the death toll during the Argentina crisis. Hospitals and doctors were closed so medical attention wasn't readily available. The best way to handle this is to be ready before things happen. If you haven't had a checkup in a while, go get your physical done and visit your dentist as well. We take the convenience of having doctors available for granted.

Once a crisis actually takes place and doctors are nowhere to find, you're going to have to know how to take care of things. Some people think that just having some Tylenol and antibiotics is good enough. But do you realize that your body has a tendency to adapt to antibiotics if you keep taking the same one over and over? This means that it will become less effective over time. So instead of hoarding one type of antibiotic, it's best to get a couple of different type.



You should also try and get as many different types of medicine as possible. You never know what type of situation you will run into. Obviously you'll want to keep a 1st aid kit handy but keep medicine for stomach issues and ointment on hand as well.



Another important thing to do is make sure that things are as clean as possible. Although times may be difficult, letting your house go down the crapper will be very detrimental to your health. This is an element of surviving that often goes overlooked. Many people that died in Argentina did so because of things like lung infections and air born viruses that could have been avoided with some simple cleaning. If the garbage collectors stop working due to the down economy, you can expect large amounts of trash to build up which draw rodents and infestation that carry disease. If they get in your home and contaminate everything, you can easily find yourself and your family getting sick and diseased.

Keeping your body in shape is another important part of surviving during a crisis. What happens if you get caught up in hand to hand combat and your opponent is bigger, stronger, and quicker than you? You will more than likely come out on the losing end. So keeping up with regular exercise will benefit you greatly later on down the line. You might be thinking to yourself, "Why do I need to be fit if I have a gun?" Well I will tell you right now that there may come a time where you have to run. And if you're not in good enough shape to run even a couple of blocks without getting out of breath, you won't last very long.

The Argentina economic collapse has certainly taught us a lot in terms of survival. Make sure that you are prepared for the worst but hope for the best. The things that were endured during

that time period in Argentina were gruesome and difficult for anyone to live through. Use the tips in this guide to help you survive if you find yourself in a similar situation.